

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIIDAG	ZATERDAG	ZONDAG
		Warmtecabine 7.00-7.30				
Warmtecabine 7.45-8.15		Warmtecabine 7.45-8.15		Warmtecabine 7.45-8.15	Warmtecabine 8.00-8.30	
Warmtecabine 8.30-9.00		Warmtecabine 8.15-8.45				
Jumping 8.30-9.00		Jumping XL 8.30-9.30		Pilates 8.30-9.30	Powerwalking 8.30-9.30	
Pilates 9.00-10.00		Powerwalking 9.00-10.00		Jumping 9.30-10.00	Circuittraining 9.45-10.15	Bootcamp 9.30-10.30
Warmtecabine 9.00-9.30		Warmtecabine 9.00-10.00		Warmtecabine 10.15-10.45	Jumping 10.15-10.45	
				Warmtecabine 10.45-11.15		
Jumping Kids 18.15-18.45	Jumping XL 18.15-19.15	Dance Fever 18.00-18.30	Jumping 18.30-19.00			
Pilates 18.00-19.00	Circuittraining 18.30-19.00	Warmtecabine 18.00-18.30	Circuittraining 18.30-19.00			
Jumping 18.45-19.15	Bodyboxx 19.00-20.00	Strong by Zumba 18.30-19.00	Jumping XL 19.00-20.00			
Warmtecabine 19.15-19.45	Warmtecabine 19.30-20.00	Pounds 19.00-19.30	Warmtecabine 19.15-19.45			
Circuittraining XL 19.15-20.15	Jumping XL 20.00-21.00	Jumping 18.45-19.45	Warmtecabine 20.00-20.30			
	Warmtecabine 20.00-20.30	Jumping 19.45-20.15				
Warmtecabine 21.15-21.45		Circuittraining XL 19.45-20.45				

WARMTECABINE	MAXIMAAL 3 PERSONEN
CIRCUIT F&F	MAXIMAAL 10 PERSONEN
JUMPING FITNESS	MAXIMAAL 8 PERSONEN
POUNDS	MAXIMAAL 8 PERSONEN
PILATES	MAXIMAAL 10 PERSONEN
DANCE FEVER	MAXIMAAL 8 PERSONEN
BODYBOXX	MAXIMAAL 10 PERSONEN
STRONG BY ZUMBA	MAXIMAAL 8 PERSONEN
BOOTCAMP	
POWERWALKING	